

Wipe Away Shame

by Aunty Kerry Major (2010)

When I walk in this room, it is with a sense of pride,
I wipe away shame, I have nothing to hide,
I know I am someone, I have my self-respect,
My journey is forward, I can no longer look back.

I hold my head high, I embrace those around,
I search for positive pathways, I find common ground,
My skin cannot judge me, I must walk with a stance,
I have survived the journey before me, I am now given a chance.

Shame no longer controls me, I have wiped it away,
I meet here in unity, for hope I do pray,
I search for changes, and a life to fit in,
I cannot let shame judge me, for the colour of my skin.

In this room I am equal, I am someone inside,
I am a strong black woman, I have my dignity & pride,
I am unique & exquisite, there is only one of me,
I strive for fulfillment, I long to be free.

WARNING: Aboriginal and Torres Strait Islander viewers are warned that the following program may contain images and voices of deceased persons.

Link to view this story-

<https://dulwichcentre.com.au/lessons/03-externalising/>